

Title: **The Healthy Bear Book**
A Picture Book for Children of All Ages

Author: Donna Cooper

Revision Date: 21-Jul-2004

Original Source: www.photovisionsbydc.com/ebook/TheHealthyBearBook.pdf

For best results, do this in Acrobat Reader before you turn the page!

1. Maximize the size of the window displaying this book
2. On the Acrobat Reader menu, select View > Single Page
3. On the Acrobat Reader menu, select View > Fit in Window

Use the arrows on the Acrobat toolbar to advance through the pages, or press the [PgDn] key.

Distribution:

Please send a copy of this PDF file to anyone who would enjoy it!

Legal:

The photographs and the story text are Copyright © 2004 Donna Cooper. All Rights Reserved.

The Healthy Bear Book

by Donna Cooper

In the Real World there are



Bears that Can Not Walk!

Bears that can not



Hear and Talk.

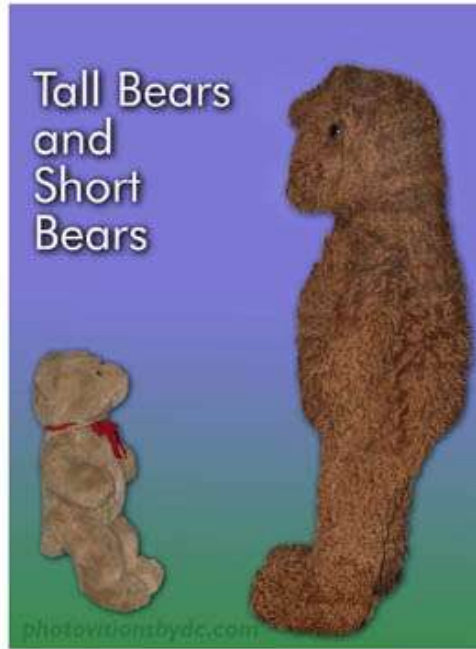


and Bears that can not See.

Big Bears



and Small Bears





Fat Bears



and Thin Bears

Bears of Different Colors



and some that don't LOOK



at all like Bears!

**Blue Bears and Squirrel Bears
Dog Bears, Cat Bears or Duck Bears**



**However they may differ,
Healthy Bears Everywhere....**





Eat their Fruits



... and Vegetables



Brush their Teeth





Throw away the Trash



Recycle the rest

Drink plenty of Water



and Fruit Juice

Let go of stuff



that's no longer of use

Ride a bike



or a Trike...



Take a Hike!





Romp with friends

Have a Swim





Go Campin'



and apple picking.

Learn Basic



First Aid



and Self Defense



Stop, and smell the roses



Snuggle up with a book



Wear a Life Vest

and their seat belts.



Have a physical every year



Get checked by the eye doctor



and visit the dentist.



Then go to bed every night



with "Thank You" on their lips!

Work in progress.

Send comments and considerations to
dcooper@photovisionsbydc.com

Research and Development donations accepted at:

dcpaypal@photovisionsbydc.com

Copy & paste this into your browser's address box – sorry it's not clickable!

Copyright © 2004 Donna Cooper